Text-based composition FOMO

According to the text there is a new challenge teenagers have to cope with. Not getting enough sleep has been a teenage problem for many years but now they have to face a problem which is related to social media. Many of the teenagers fear to miss something important online when they are sleeping. That's why 23% of the 12-15-year-olds wake up in the middle of the night to chat with their friends or update their social media profiles. Sleepless children, however, isn't the only teenage problem which is caused by social media.

A challenge for many teenagers is how to manage texting with someone else while they are with other friends. Nowadays they often see their friends without talking. They spend their time sitting next to each other chatting with people who are not there.

Sometimes they even chat with the person sitting next to them.

Another problem teenagers have to cope with is how to break up with their partners.

A break-up via Facebook is probably very hurtful but nowadays it is a common method despite being impolite and nasty. Instead of breaking up face to face teenagers often just change their status to "single".

The most dangerous issue caused by social media is teenagers meeting up with people they got to know online. There are people who hunt for teenagers online pretending they are someone else. They plan to rape or even kill the teenagers. This is why it is important not to meet people you online know from the web.

In conclusion, social media cause many problems and challenges for teenagers.

Some of those are just impolite behaviour, but others can be really dangerous.